

Consensio's 2022 News & Resources



Practical insights to help you manage conflict in your workplace

Every year, Consensio publishes a selection of articles and resources to help you navigate the challenges – and opportunities – of managing conflict in your organisation.

We've compiled some of our favourite 2022 content for you here. This year, we created a new in-depth guide, **'Are you fuelling the fire of conflict?'** and continued our popular **webinar series**. Our team also contributed to a range of leading media, from our regular monthly column in **Forbes**, to articles in HR and management publications. Take a look at our article on deep listening skills, which was one of **TrainingZone's 10 most popular reads of 2022**.

From everyone at Consensio, we wish you a healthy and productive 2023.

Webinars

Our popular webinar series included topics that ranged from the latest research on conflict, to building trust in teams. Our next free webinar is on 7 February 2023 at 11am, on **'How to make conflict constructive for you and your team'**.

[Register now](#)

Forbes

We've been a regular contributor to Forbes, the global news platform, for over two years. Our recent article on the 'Great Grievance' has had over 30,000 views.

[Click here to read the article](#)

Podcast

We were invited by Dr. John Curran to take part in his 'Decoding Culture' podcast. The episode explores how conflict exists within organisations and teams, and what leaders can do to learn to embrace it.

[Listen here](#)

Click to read:

Forbes

Trends in workplace trust in an era of skepticism

HR
www.hrzone.co.uk

Why the increased demand for conflict resolution services?

Forbes

3 questions leaders should ask themselves to expand perspectives

trainingZONE

Five deep listening skills to help navigate workplace conflict

Forbes

3 ways to handle a communication breakdown at work

People Management

How to break the blame cycle

F'M
Financial Management

7 ways to tackle negativity in the workplace

Forbes

Isolation and conflict in the hybrid workplace

Forbes

3 ways to reduce the stress of conflict (according to those who have experienced it)

Forbes

3 ways to help a colleague struggling with conflict

HRzone

From grievance to mediation: harnessing the potential of informal resolution

Forbes

What leaders can learn from high-profile conflicts of 2022

Thought-leadership guides

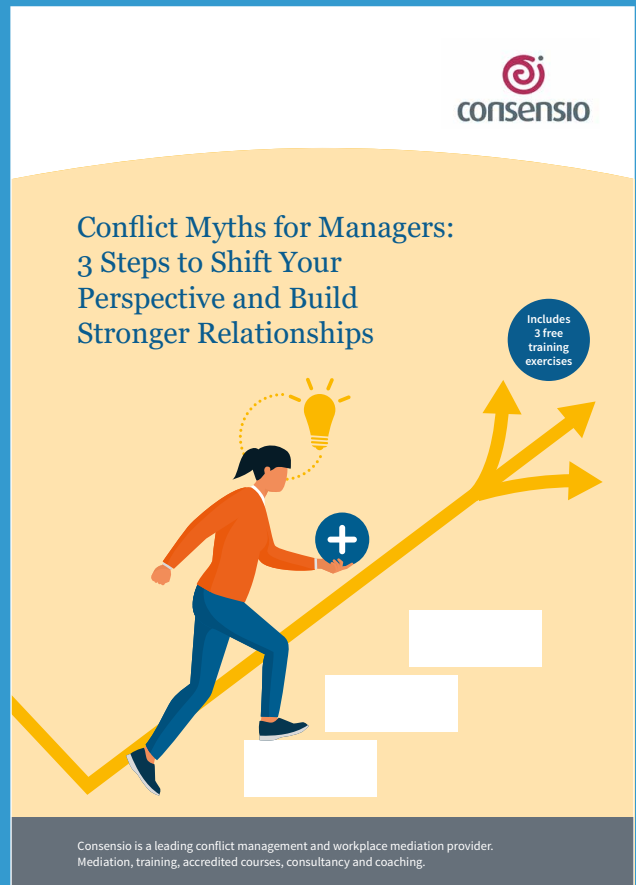
The publication of our new paper titled **'Are you fuelling the fire of conflict?'** expands our range of guides, case studies and in-depth resources. All are available for free, either on our website, or by contacting us on 020 7831 0254.



Are you fuelling the fire of conflict?
3 Fire-fighting tips for dealing with conflict at work

Consensio is a leading conflict management and workplace mediation provider. Mediation, training, accredited courses, consultancy and coaching.

The cover features the Consensio logo at the top right. The main title is in a large, white serif font. Below it, the subtitle is in a smaller, white sans-serif font. The central illustration shows a group of people in a meeting room, with large, stylized orange flames rising behind them. A man in a suit is pointing at a whiteboard, while others are seated around a table. A glowing lightbulb is positioned in the center of the group.



**Conflict Myths for Managers:
3 Steps to Shift Your
Perspective and Build
Stronger Relationships**

Includes 3 free training exercises

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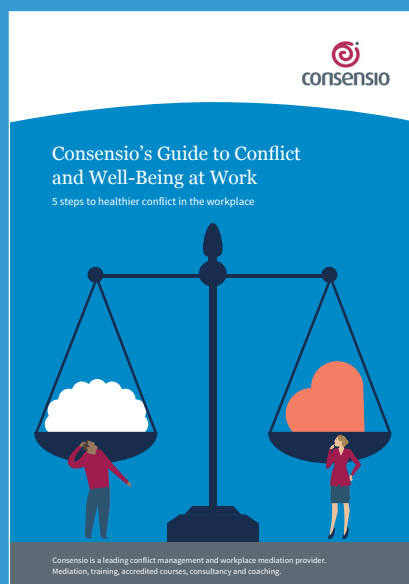


**Take Two: Workplace mediation
from each party's perspective**

This is the real life story of how mediation helped two colleagues whose working relationship had fallen apart, which led to stress, illness and a breakdown in communication.

Consensio is a leading conflict management and workplace mediation provider. Mediation, training, accredited courses, consultancy and coaching. Visit www.consensiopartners.co.uk

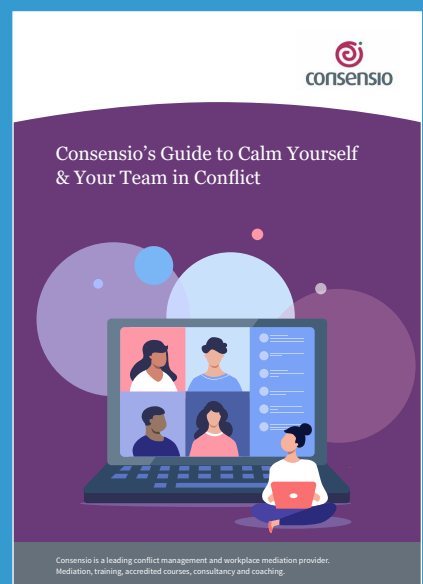
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**Consensio's Guide to Conflict
and Well-Being at Work**
5 steps to healthier conflict in the workplace

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**Consensio's Guide to Calm Yourself
& Your Team in Conflict**

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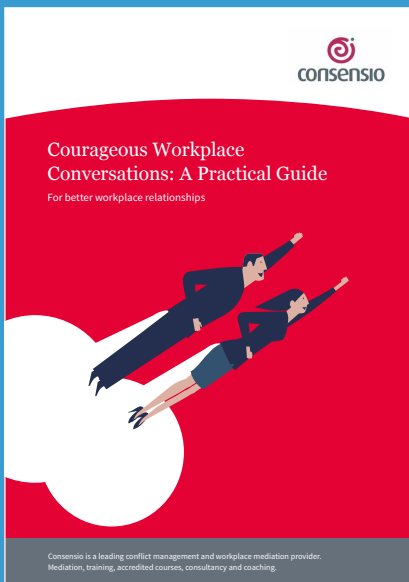
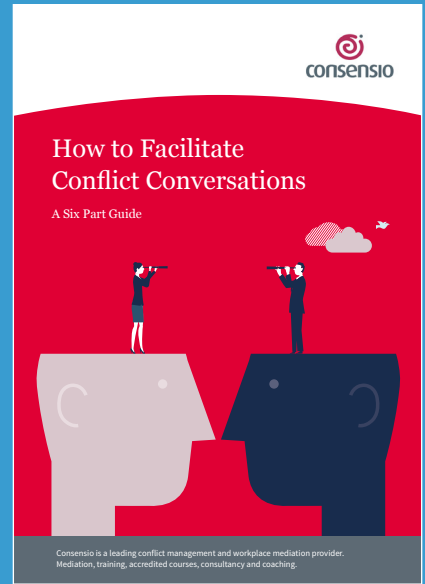
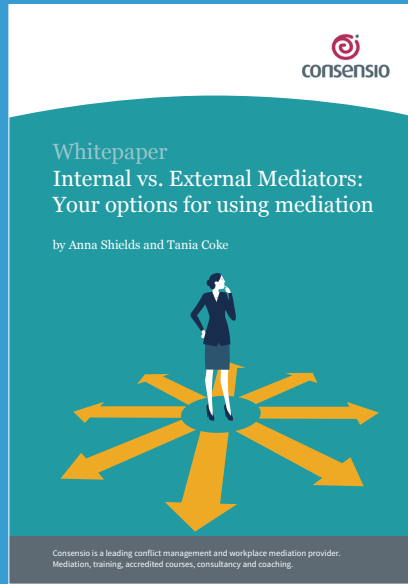
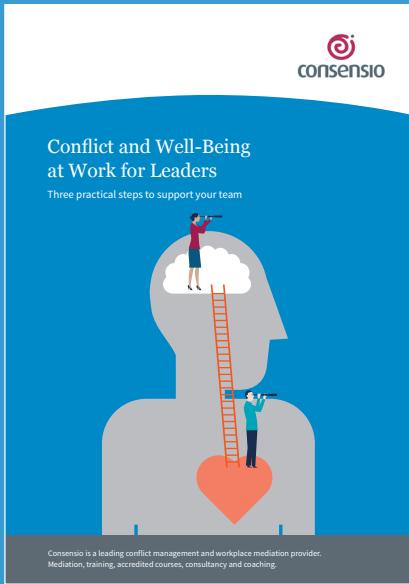


**It's Just a Conversation:
A Journalist's Mediation Story**

This is the real life story of how workplace mediation helped a senior journalist on two separate occasions.

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About Consensio

At Consensio, we help our clients to resolve workplace conflict and build resilient workplaces, enhancing the well-being of organisations and their people. We offer support in all areas of conflict management, providing consultancy, leadership development, training and e-learning, coaching and mediation services.

This is why organisations such as **American Express, BBC, Bupa, Cancer Research UK, Cult Beauty, Direct Line, Gatwick Airport, Independent Office for Police Conduct, Lloyd's of London, Nespresso, NHS Trusts, Ogilvy, Rank Group, Sony, Unicef, University of Cambridge, Westminster City Council** and **World Wildlife Fund** choose Consensio.

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